## 1. A braided suture for skin lifting comprising:

gold threads and bioabsorbable threads, wherein the gold threads and bioabsorbable threads are braided to form a braided composite suture.

- 2. The suture of claim 1 wherein the suture has a thickness in the range of 2 to 10 gauge.
- 3. The suture of claim 2 wherein the suture is braided with 3 to 9 threads.
- 4. The suture of claim 1 wherein the suture comprises 1 to 5 gold threads.
- 5. The suture of claim 1 wherein the suture comprises 1 to 5 bioabsorbable threads.
- 6. The suture of claim 1 wherein the suture comprises 50% gold threads and 50% bioabsorbable threads.
- 7. The suture of claim 1 wherein the bioabsorbable threads can be selected from polymeric threads and non-polymeric threads.
- 8. The suture of claim 1 wherein the gold threads are from different gold alloys above 22 carats.
- 9. The suture of claim 1 wherein the suture is attached to different types of needles.
- 10. The suture of claim 1 wherein the suture has a braid angle of 45 degrees.
- 11. A method of skin lifting comprising:

providing a braided composite suture comprising gold threads and bioabsorbable threads; and

implanting the braided composite suture intradermally at a plurality of skin regions.

12. The method of claim 11 wherein the plurality of skin regions are located in specific skin fold areas.

- 13. The method of claim 11 wherein the plurality of skin regions are areas of desired traction directions outside of specific skin fold areas and wherein the sutures are implanted in continuity with the specific skin fold areas.
- 14. The method of claim 13 wherein a desired tension is applied lift the skin fold areas to help wrinkle correction.
- 15. The method of claim 11 wherein the braided composite suture is ultra thin.
- 16. The method of claim 11 wherein a length of a needle is greater than the distance between a thread input site and a thread output site.

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